**UCS / Sterling Heights** **SOS 5K**

**All participants 13 &**

**under will receive a**

**participation medal!**

**FREE**

**Event T-shirts**

**Guaranteed, if**

**Pre-Registered by**

**May 24th**

**at Dodge Park** **June 1, 2019**

 **Location:** Dodge Park - 40620 Utica Rd, Sterling Heights, MI 48313

**Registration for 5K:** January 8th – May 31st: $20 per entrant ($15 for 16 and under)

Race Day (6-8 am only): $25 per entrant ($20 for 16 and under)

 **Registration for 1 Mile:** January 8th – May 31st: $12

Race Day (6-8 am only): $15

Register and pay online at: **www.uticasos5k.com**

**Mail registration forms to:**

|  |  |  |
| --- | --- | --- |
| UCS SOS 5K **or**11303 Greendale Sterling Heights, MI 48312  | Sterling Heights Parks & Recreation 40555 Utica Rd, P.O. Box 8009 Sterling Height, MI 48311-8009 | 1 mile report to starting line at 8:30 1 mile starts at 8:45 5K - report to starting line at 8:45 5K starts at 9:00am |

Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_State: \_\_\_\_\_\_\_\_\_\_Zip: \_\_\_\_\_\_\_\_\_\_\_

Phone Number: (\_\_\_\_\_) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address *(optional)*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age *(on race day)*: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_* Birthdate: *\_\_\_/\_\_\_\_/\_\_\_\_\_\_\_*

**Race Choice:** 5k Run \_\_\_\_\_ 1 Mile Run \_\_\_\_\_ **Gender:** Male \_\_\_\_\_ Female \_\_\_\_\_ **Entry Type:** Adult \_\_\_\_\_ Student \_\_\_\_\_ **Track team registrant:** Yes / No If Yes, Name of School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **T-shirt size:** **Child:** Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ **Adult:** Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_

In consideration of acceptance of this entry, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against Utica Community Schools, City of Sterling Heights, Hanson’s Racing, and all sponsors ad race management organizations for injuries suffered by me in this event. I attest that I have trained sufficiently to participate in this event and I am physically fit. Further represent that I am authorized to excuse this waiver and release on behalf of all minors identified and listed on this registration and waiver form.

**Participant Signature** (or parent/guardian if under 18)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_